

Tapestry of Healing Voices
Healing Touch Association of Canada Conference 2005

KEYNOTE SPEAKERS.

Diane Wind Wardell, PhD RNC CHTP/I

Diane is the President of Healing Touch International, past HTI Certification Board Chair, and Healing Touch International's representative to the Council of Healing. An Associate Professor of Nursing and Nurse Practitioner at the University of Texas-Houston Health Science Center, she teaches and is the director of the Women's Health Care Track. Diane has published research papers extensively and conducted research in many areas, including energy healing, and is the Director of Research for HTI.

Dr. Beth Hedva, PhD. The Heart of Healing

Dr. Beth Hedva is a Transpersonal Psychologist, Expert Intuitive, *Ask the Expert* for Reader's Digest Canada (on-line), author of *Betrayal, Trust and Forgiveness*. Dr. Hedva has conducted continuing education programs on "Spirituality and Healing" at the University of Toronto Medical School, University of Calgary Medical School, the Alberta Association of Registered Nurses, Psychologists Association of Alberta, the International Council of Psychologists, and has lectured in University halls from Italy to Indonesia. Currently living in Calgary, Canada, Beth Hedva has conducted research on *Spiritual Healing Practices* in Bali on location with a team of researchers from Indonesia's Tarumanagara University. She facilitates both *Personal and Professional Development Training Groups* at universities and growth centres in Canada, Arizona and California, including Esalen Institute in Big Sur, California.

Keynote Synopsis

Title: The Heart of Healing

Designed to revitalize and enhance the therapist's innate intuitive skill set and repertoire of 'psychic' sensitivities, today's program will demonstrate and expand upon specific tools and techniques for:

- 1) building and affirming spiritual connection
- 2) receptivity practices for 'opening the heart'
- 3) respecting your own and others boundaries and
- 4) cultivate a shift in attention from 'doing' to 'being'.

Victoria E. Slater, RN, PhD. Voice of the Science of Healing Touch

Victoria Slater has over thirty-five years experience as an RN. She received her B.S.N. at the University of Texas Medical Branch in Galveston, her M.S.N. at the University of Michigan and her PhD in Nursing at the University of Tennessee at Knoxville. A Certified Holistic Nurse(HNC) with a private nursing practice since 1995, Dr. Slater is a Certified Healing Touch Practitioner and Instructor (CHTP/I), a Third Degree Reiki Master Teacher, A Bowen Therapist, a Clinical Aromatherapist and a Certified Integrative Hypnotherapist. Slater has studied craniosacral therapy, reflexology, lymphatic drainage, and Healing Touch for Animals. A committed teacher, consultant,

speaker, researcher and writer Dr. Slater's research focuses on the development of the holistic nurse and on energetic therapies, and has published articles and book chapters on both topics. She was named Holistic Nurse of 2002 by the American Holistic Nurses Association. Dr. Slater has recently initiated a workshop called "Physics for Healing Touch and More", which explores the physics that may underpin Healing Touch and applies it to the development of the healer.

Keynote Synopsis

Title: Voice of the Science of Healing Touch

The question many ask is "How does Healing Touch work?" Those of us who practice it know the answer is not simple. A place to start is to look at the electromagnetic and electrical nature of the human body and how Healing Touch treatments interact with that electromagnetic field. It will also include a discussion of direct and alternating electric currents and relate them to the meridians and chakras respectively. The Scudder, then, becomes a meridian technique and the Chakra Connection will be shown to interact with the alternating current system of the body.

Janet Mentgen- The Voice of the Founder

For many of us, Janet needs no introduction. A nurse, nursing instructor, healer, and person extraordinaire she wrote the Healing Touch curriculum with the help of a group of nurses after being named American Holistic Nurse of the Year in 1988. Janet did not know at the time that this curriculum would become an International movement to transform lives and help people to heal. She has spoken at many Conferences internationally and co-authored many books. Janet speaks from her center with phrases like *please see all your clients as whole and holy* and *simply do the work*.

SATURDAY BREAKOUT SESSIONS

A1.VOICE OF RESEARCH – Marja Verhoef

Marja J. Verhoef, PhD is a Professor in the Department of Community Health Sciences at the University of Calgary. She received her PhD in epidemiology from the University of Calgary. She holds a Canada Research Chair in Complementary Medicine. Her research focuses on a wide range of factors related to complementary and alternative medicine (determinants of use, decision making, communication, information needs, meaning and importance of evidence) and she was widely published in this field. She is very interested in developing appropriate methodology to evaluate complementary and alternative therapies and approaches. She is the Founding Director of the Complementary and Alternative Medicine Education and Research Network of Alberta, is on of the founding Chairs of the Canadian Interdisciplinary Network for CAM Research (with Dr. Heather Boon) which is funded by the Canadian Institutes of Health Research and the Natural Health Products Directorate (Health Canada) and is the first President of the International Society of Complementary Medicine Research.

A1.WORKSHOP PRESENTATION

This session will give you information on what is going on in terms of networking and how you do it. Marja will discuss why research is important and how to get started and give you some ideas on different methods of research.

A2.VOICE OF THE CANADIAN HOLISTIC NURSE AND HEALING TOUCH

Barbara Dobbie RN, PhD. CHTP

Barbara Dobbie is an Associate Professor Emeritus from the Faculty of Nursing at the University of Calgary and has been self-employed as a Women's Health Consultant for the past 12 years. Barbara is a Certified Healing Touch Practitioner, a Reiki Master, Therapeutic Touch Level 3 Practitioner and has preparation in Spiritual Healing practices. In her nursing practice with women she offers clients the opportunity to actualize their potentials for well-being from a holistic perspective and through the use of energy-based modalities that support the healing abilities of the body and complement the client's medical care. Ms. Dobbie is a member of the Canadian Holistic Nurses Association and teaches in the Holistic Nursing Program. She is the Past President of the Alberta Association of Nurses in Independent Practice and the C.G. Jung Society of Alberta in Calgary.

A2. WORKSHOP PRESENTATION

An energy field patterning model is embraced by both Healing Touch Practitioners and Canadian Holistic Nurse practitioners. Similarities will be discussed between the Standards of Practice for the Canadian Holistic Nurses Association and Healing Touch International. This presentation will discuss the conceptual system of Martha Rogers' Science of Unitary Human Beings which guides Holistic Nursing Practice and how it can also be applied by Healing Touch Practitioners.

A3.FINDING THE COLOURS OF YOUR INNER VOICE

Straja Linder King MA, ATR, Clinical Art Therapist

Straja Linder King is an artist and educator working in palliative, rehabilitative, school, and day hospital settings. She utilizes animal-assisted therapy (AAT) and works in the Strawberry Tree Art Studio in Calgary with Tanguis her therapy dog. Art experiences are the vehicle used to initiate a healing process. Previous art experience is not necessary as the focus is on the non-verbal expression of your experience. She has presented at conferences throughout North America.

A3.WORKSHOP PRESENTATION

Healing Touch Practitioners and Instructors will benefit from experiencing the value of spatial and emotional elements found in sacred geometry through the hands on creation of the mandala (Sanskrit for circle). The circle motif is an ancient one. Mandala creation is ceremonial, therapeutic, and healing. Participants will create a mandala and experience a taste of speaking in a new language, a visual dialogue. Think wonder, think joy, and most of all think fun! Tanguis will be helping Straja with this workshop.

A4. VOICES OF THE GOLDEN THREAD

Rochelle Graham CHTP/I

Rochelle Graham, a Physical Therapist for 30 years, began teaching Healing Touch in 1992. In exploring the spiritual realms in greater depths, she developed the Healing Pathway and co-authored the book, Healing from the Heart. Living on 3 acres outside Edmonton, Rochelle is spinning the wool from her Shetland Sheep and working in the 'living lab' of a Dementia unit.

A4.WORKSHOP PRESENTATION

The spark of life, connected to divine source and grounded to the physical world, is called by Rochelle the 'golden thread' of life's tapestry. It gives color, vibrancy and desire for life on this planet. Through her work in a 24 bed Intensive Care Unit and through working with seniors facing aging bodies and 'lost' minds, Rochelle has explored the mystery of healing beginning first with this spark of life. Using stories, exercises and each other's 'golden thread' we will weave a vibrant cloth that sparkles with divine life and love.

SUNDAY BREAKOUT SESSIONS

B1. VOICE OF HOW IT WORKS- Vicki Slater

See Bio under KEYNOTE SPEAKERS

B1.WORKSHOP PRESENTATION

This is an opportunity to further understand the Science of Healing Touch. This very inspirational speaker will help you understand and experience the electromagnet biofield also known as the human energy field.

B2. VOICE OF HEALING TOUCH RESEARCH- Diane Wind Wardell

See Bio under KEYNOTE SPEAKERS

B2. WORKSHOP PRESENTATION

This is your opportunity to hear about the research that is happening in the world of Healing Touch. What's news? Everything you wanted to know but were afraid to ask. How you can get involved? Have your questions answered by this brilliant leader of Healing Touch.

B3.VOICE OF THE MENTEE

Catherine Awai BEd. Dip Ed CHTP/I

Catherine has been involved with Healing Touch for over 10 years. She is a Certified Practitioner and Instructor and serves on the board of the Healing Touch Association of Canada. Catherine has an active practice in Summerland and Naramata, BC. She is the director of the spiritually based Healing Pathway Program at Naramata Centre. As an educator with children and adults for over 20 years, Catherine brings her passion for people and a commitment to making a difference to her work.

Alexandra Jonsson RN, BScN, CHTP/I

Alexandra has been involved in the teaching and practice of energy-based therapies since 1981. Her 38 years hospital background includes psychiatric and emergency room nursing. She has spoken and taught nationally and internationally and is a long standing volunteer with the Toronto People with AIDS Foundation and the AIDS Committee of Toronto. Alexandra was a primary force in bringing the Healing Touch Program to Canada and has been involved with the program since it's inception.

B3.WORKSHOP PRESENTATION

This program targets those considering or presently participating in mentorship within the Healing Touch program. The intention is to empower mentees to enter mentorship with an understanding of the process and to give them tools to claim their place in the mentorship journey, through dialogue, reflection and concrete planning activities.

B4.WEAVING WORDS: CONVERSATIONS WITH YOUR INNER HEALER

Fenna Schaapman, BSc is a facilitator, a spiritual mentor and the office manager/resident poet at Spiritual Directions in Calgary, which is an independent centre offering courses and individual sessions focused on spirituality and healing. She has over 10 years of experience guiding individuals seeking to integrate a genuine spiritual practice into their daily lives. Fenna designs interactive small groups, workshops and retreats that encourage participants to seek an ever-deeper relationship to Spirit. Fenna's courses frequently use the tool of writing to explore personal spirituality, including Rough Draft, a monthly, drop-in poetry workshop and many journal-writing programs. She is a published poet. Her work has appeared in publications such as *Presence: An International Journal of Spiritual Direction and Prairie Messenger*. She initiated the *Writing Toward the Light Multi-faith Poetry Concert and Contest* in the knowledge that all beings desire light.

B4.WORKSHOP PRESENTATION

Energy follows intent: therefore, as healers, it is critical to set conscious intentions. Journal writing creates a bridge between our unconscious or shadow side and our conscious or light side. It provides a safe container and an exciting record of the conversations and insights your Inner Healer is eager to share. Explore several simple and powerful journal writing techniques that will assist you in understanding the motivation behind the intentions you set. This will help you release energetic blocks

which may hinder the effectiveness of your conscious intentions. This workshop will both deepen your personal spiritual journey and increase your effectiveness as a healer.

B5. STORIES OF EAGLES AROUND THE WORLD – Tony Alexis

Tony Alexis is of Aboriginal Heritage. He has been a student and worker of his native culture for many years. He has knowledge and training in Tribal Customs throughout the country. He has been educated by his father Dan Alexis, as well as numerous Cultural Leaders, Tribal Elders, and Elders throughout the country on protocol, traditions, language, customs and beliefs.

B5. WORKSHOP PRESENTATION

This workshop will give you an insight to yourself and the path you walk and how the strength of the Creator will guide you on your journey. The workshop is arranged to use stories, drumming and songs. The benefits are everlasting and the workshop will leave you thinking about the past present and future. The goal is to inspire each and every one to share our stories of success, passion and hope with the world.

On the REGISTRATION FORM provided please indicate your choice of workshops for Saturday and Sunday afternoon. Workshops will be filled on a first come first served basis. Please register early. We will do our best to give you your first choices. We have chosen carefully and believe that ALL of the workshops are worth attending. Thanks for your cooperation.

CERTIFICATE OF ATTENDANCE

Conference participants will receive a Certificate of Attendance for CCHT at the conclusion of the conference. CE Contact Hours will be awarded.

PINNING CEREMONY

If you are a Certified Healing Touch Practitioner and have not received your Healing Touch pin, please indicate on the Registration Form if you wish to be pinned at Conference.

SILENT AUCTION

This exciting fundraising event will be held during the Conference. We welcome any items you wish to donate. Please join us in making this auction a great success. The monies raised go the Canadian Healing Touch Foundation for Bursaries and Research.